



**There is only one
world to live in
Support us, to
conserve this world**

Summary Report 2015 on the IIWD ´s Family Planning Programme

Sex education, family planning and voluntary birth control

save lives
strengthen self-determination of women and girls
support health care
sustainably help to conserve our environment

The Family Planning Programme (FPP) – that was started at the end of 2013 - has been continued successfully throughout the year 2015.

Since the beginning in 2014 the main objectives of the project are

- To limit the population growth in Malawi (presently about 3% at a birth rate of 5.9 per woman)
- To encourage women and girls in their development and self-determination
- To improve women`s conditions of life and in particular their health conditions and to reduce maternal and infant mortality

In the frame of this programme information concerning family planning and birth control has been provided to people in 16 villages and communities as well as in schools. Far more than 20 000 people could be reached directly and many of them decided to take part in the programme. Meanwhile the area reaches from Ngana, situated in the north of Karongo, to Nyungwe, north of Chilumba, over a distance of more than 100 km. As already during the last year the programme is supported by radio transmissions by the local radio station Radio Dinosaur.

As already reported in our last newsletters first positive results of the programme can be recognized: according to the report from the Karonga District Hospital first indications show that the birth rate is decreasing in those villages where the FPP has been started two years ago.

Moreover, in those schools where information concerning family planning and voluntary birth control has been provided, fewer girls had to leave school because of early pregnancy.



Workshop about Family Planning and voluntary birth control

In the year 2015 the Foundation has supported the programme by about 22 000 US\$. The money was used for – among others - the payment of contraceptives and the salary of 8 staff members of the IIWD. This was only made possible by the generous support of many sponsors, to whom we would like to express again our gratitude.

For the coming year 2016 we are in the position to provide to the programme a similar amount of money. We will be supported by the District Hospital that is prepared to provide the necessary contraceptives. This enables us to provide a vehicle equipped with all necessary medical facilities so that it can be used as a mobile clinic. This allows to grant an adequate medical care to those who already take part in the programme and to extend the programme further to other areas.



Students of the Lulindo Primary School, discussing about sex education and voluntary birth control

Unfortunately we are not yet in the position to buy the van. Therefore for the time being it will be leased, expecting that the necessary money for the purchase of a van will be available in near future.

Therefore your help is still needed.

Again many thanks to all our sponsors for their generous support during the last years.

Meersburg, April 2016

A handwritten signature in black ink, appearing to read 'E. Breuckmann'.

Dr. Elisabeth Breuckmann

A handwritten signature in black ink, appearing to read 'B. Breuckmann'.

Dr. Bernd Breuckmann